

Seminar Agreement – Living ALOT Inc.

About Lura:

- My name is **Lura J. Owen**. I am an **International Wellness Practitioner and Holistic Stress Expert**. I educate and mentor people who want to live successfully and happily by taking emotional control of their lives.
- **My mission** is to empower those who seek emotional freedom with the personal tools to live more joyful, positive and authentic lives.
- **My goal** is to assist those I work with in eliminating the unnecessary pain, addiction, fear, and anger that prevents them from making conscious decisions which will bring peace into their lives, and in their relationships.
- I have worked in the area of healing arts since 1994 after recovering from the trauma of major back surgery. My first career was as a social worker and job coach from 1985 to 1998. I have worked in law enforcement, managed retail stores, owned a financial services business, taught in the public school system, and built a career in higher education teaching at the graduate level. I hold a BS degree in Business, a BA in Theology, and a Master's degree in Pastoral Ministry.
- I have been a lay minister in my Christian faith since 1984, having taught religious education, led scripture studies, and assisting as a liturgical minister. **I have a passion for helping people to heal.**
- I am certified through the **Skills for Change Institute, Inc.** in the **FasterEFT** process for personal growth and life coach training, having studied directly under the developer and founder of the **FasterEFT, Robert G. Smith (www.FasterEFT.com)**.
- I am not a psychologist, dietician, medical doctor or licensed therapist, and have no licensing or formal training in these fields. Within my graduate degrees in Pastoral Ministry, I have done pastoral guidance, grief companioning, and spiritual direction for many years.

By Signing This Agreement:

- I am required to take complete responsibility for my emotional and/or physical well-being both during and after my life sessions, seminar attendance and personal training.
- I will instruct others whom I help with these techniques to take complete responsibility for their emotional and/or physical well-being.
- I will use these techniques under the supervision of a qualified therapist or physician when applicable to my life situation.
- I will not use these techniques to try to solve a problem where my common sense would tell me it is not appropriate.
- I will take responsibility for what I do with these techniques, holding **Lura J. Owen and Living ALOT, Inc.** harmless from any claims made by me or anyone whom I seek to help. Subject to the other provisions of this agreement, I may use any of the techniques on behalf of myself and others.
- **I understand that neither Lura Owen, nor anyone else, will take responsibility for what I do with these techniques; that personal use of these techniques is my responsibility alone, as is the outcome of using them or neglecting to use them in my life, and in the lives of others with whom I share them.**
- I understand that any recordings, video or audio, of the sessions in which I participate for coaching, training or emotional resolution are the property of Living ALOT, Inc. and that I have no claim or interest in the reproductions of the same.

By signing below, I am indicating that I have read, understand, and agree to the above information.

Print Your Name

Date of Birth

Address

City

State

Zip Code

Best Phone Number

Best Email Address

Your Signature

Today's Date

How did you hear about this seminar? FaceBook | EventBrite | MeetUp | Flyer at _____

Friend or Family Member Referred – (Name): _____